Director's Desk 🙈

Mr. Raman Raja Khanna (Director, St. Teresa School Indirapuram)

Let the scattered pearls of life be wreathed as a beautiful array; With the sun dawning upon us its beautiful ray

Inexplicable but not unacquainted were the past days. Past two years were full of turbulence, once again establishing survival of the fittest. Being in this race of survival all of us have been through thick and thins of our life landing, at times, into negative state of mind. Negative thoughts can drag a person into stress and depression while Positive thoughts can act as a sword to cut depression and stress into pieces. In the journey of life we may feel pleasure and pain, sunshine and rain, losses and gain but the sun will definitely shine again. With this thought I envision a specific positive future for my students so as to equip them with the necessary skills to become Global Citizens and give back to the society, to make this world a better place. In the present scenario amidst uncertainties and hardships we are targeting for framing polished personalities who will prosper in all possible circumstances. Looking forward to brighter days as this hard time too shall pass, and we will be back again with renewed vigor and enthusiasm to overcome any challenge as we embark upon this beautiful journey.



### Mr. Vijay Kumar Gulati (Director, St. Teresa School, Indirapuram)

A beautiful dream creates a beautiful mind and a beautiful mind always makes your heart and soul pure and receptive. Once you develop passion to live your dream, you remove all the hindrances and you make a way to reach towards your. GOAL. I appeal to everyone to have a big dream and be awakened every time with your dream. Your every action should be driven by your dream and because it's your own dream so without pressure you will be able to work hard for the same. Once you will be madly involved with your dream and start working hard then no one can stop you to achieve it.

> "GREAT DREAMS OF GREAT DREAMERS ARE ALWAYS TRANSCENDED. " DR APJ Abdul Kalam



# ST. TERESA TIMES

### THE LEGACY CONTINUES...

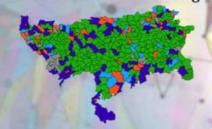
**JAN. 22, 2022, SATURDAY** 

🕞 www.stteresaschool.in 🕲 8826000216 🚹 facebook.com/stsindirapuram



## 2022 UTTAR PRADESH LEGISLATIVE ASSEMBLY **ELECTIONS**

Uttar Pradesh assembly election 2022: The state will witness polling in 7 phases starting February 10. The BJP, which won the 2017 polls, is aiming to come back to power under the leadership of Yogi Adityanath. Akhilesh Yadav's Samajwadi Party and Mayawati's BSP are the main challengers



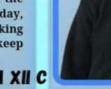
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CEO Ajay Shukla while releasing the final electoral list in Lucknow said, out of the 52 lakh new voters added, 2392258 are men, 2886988 are women, and 1636transgenders, Akhilesh Yadav-led Samajwadi Party and Mayawati's Bahujan Samaj Party (BSP) are the main challengers to the BJP's bid. Yadav has claimed that his party will win 400 of the 403 seats. In the 2017 assembly elections, the BJP had dethroned the Samajwadi Party and stormed to power by winning 312 seats.



# STORIES OF CREATIVTY AND RESILIENCE

A 71-year-old resident of Dahod, Gujarat, Matron Jeminiben Joshi spent more than half her life as a nurse in a government hospital until she retired in 2009. But when the pandemic struck and the need for trained healthcare workers like her became extremely essential, she decided to come out of her retirement and take up active nursing duty at the Zydus hospital. Working 12 hours a day, administering medicines, oxygen and taking samples for testing, she is determined to keep helping those who are ill.



SHIVANI SINGH XII C



# **Every Moment Is A New Beginning**

When the desire to achieve something is given a concrete form in your mind, there is no looking back. And the moment you consider yourself ready to embark on your new journey with all the optimism and enthusiasm, that moment itself is your 'New Year'. When you fall back, your passion to start again is your New Year. When you experience incidents that shatter you, the willingness to collect your broken self is your New Year. The moment you decide to acquire a new skill to enhance your persona, that decision brings with itself your New Year. The perpetual desire to keep hopes alive for a better day every morning gives birth to your New Year.So, it does not matter much if you didn't prepare a good 'New Year's Resolution' for yourself. Do it now. This is the right moment if your determination is robust. Be it January 1, March 30, June 4, September 8 or December 22, every fresh day and every fresh moment carries with itself a 'New Year' that requires you to explore it because as Elie Wiesel puts it "Every moment is a new beginning."

## **CAMPUS NEWS**

### INVESTITURE CEREMONY

A solemn occasion for young students of mantling the leadership and discharging the responsibilities entrusted upon them by the school was organized in the presence of the School Directors and Academic Director. Aryak Lalwani and Shruti Minocha were conferred with the titles of the Head Boy and Head Girl respectively. Other office bearers like Literary Captains, Sports Captains, Cultural Captains and House Captains were also appointed on the occasion.





## DIWALI SPECIAL ASSEMBLY



A special assembly for the enrichment of the students in an entertaining way was organized which included speech and a well depicted and illustrated play reflecting the story of Ramayana.



### CHRISTMAS ASSEMBLY



Who can live without jingle bells and cake when Christmas is in the air. To prove it rightly a special assembly was held which marked the presence of the school Directors and Academic Director. Bible reading, Mime act depicting the life of Lord Jesus Christ, Carol Singing and dance were put up for a great show.





### CITATION CEREMONY

What lies behind us, and what lies before us are small matters compared to what lies within us. A Citation Ceremony was organized to bid adieu to the outgoing students of Class XII (2020-2021) batch to give them the deserved recognition and encourage them to hone their talents and flourish in times to come .It was followed by the blessings of the School Directors, Principal, Academic Director and the entire teaching staff. A sentimental moment for all.



## CHILDREN'S DAY ASSEMBLY

"A child is a beam of sunlight from the Infinite and Eternal, with possibilities of virtue and vice, but as yet unstained." In this respect, Children's Day was celebrated in the campus through different kinds of activities. It was enjoyed by the students."







### STROKES OF MAYHEM

I AM THE EMBODIMENT OF THE CHAOS AND THE ART THAT LIES WITHIN. I AM ART AND A PART OF SOMETHING LARGER THAN

LIFE IT IS HOW I WAS CREATED AND THE CHAOS THAT PRECEDES IS WHAT I FEEL

IT GOES ON TODAY AND A PART OF THIS CHAOS MIGHT GO ON

> FIFTEEN YEARS INTO THE FUTURE. DIFFERENT COLORS,

THE POLARITY OF FEELINGS. AND THE APTITUDE THAT FOLLOWS AFTER. THE TWENTY TUBES OF PAINT THAT LAY ON THE GROUND

BUT ONLY THREE OF WHICH LATHER THE CANVAS. THOUGHTS THAT FLOW SLOW AND HANDS THAT RUSH FARTHER

> WHEN THE THOUGHTS GET DARKER. AND THE STROKES ARE STARKER.

AND THE PAIN THAT LIES WITHIN COMES FORWARD LOCKED BENEATH IN SECRETS, ALL DISORDERED. WHEN I PEAK INSIDE, ALL I SEE IN ME IS THE PAINTING THAT LIES AFFRONT. AFTER GIVING THEM A NEW HOME. IT IS TIME FOR ME TO MOVE ON.

> ADYA TRIPATHI XI C

### **NEW YEAR'S CALL**

THE DYING YEAR FALLS BEHIND ME LIKE A SHAWL AND I HEAR THE NEW YEAR'S CALL. A BLANK SHEET OF PAPER IS WHAT NEW YEAR IS LISTENING TO. AS THE LITTLE RED BIRD SINGS PLEASURE, JOY, DELIGHT AND LAUGHTER WE NOW MOVE ON TO THE NEXT CHAPTER.

WE LOVE, WE HATE, WE WREATH UPON OUR PRIDE, WE CRY, WE WHINE, BUT AFTER ALL THIS IS OVER, WE KNOW WE TRIED MAKING BROKEN PROMISES LAST.

LETTING SOME MEMORIES EVERLAST JUST LIKE THAT, COMES NEAR THE END OF THE YEAR.

ALL THE TROUBLES, WORRIES AND UNSAID PAIN DISAPPEAR.

THE DYING YEARS FALLS BEHIND ME LIKE A SHAWL.

AND I, ONCE AGAIN, HEAR THE NEW YEAR'S CALL.

ISHITA DUBEY

X B2

If Winter Comes, Can Spring Be Far Behind Human life is a mingled thread of joy and sorrow. Like day and night, happiness and sorrow

Human life is a mingled thread of joy and sorrow. Like day and night, happiness and sorrow are inseparably woven in our life. Every sorrow has a spark of joy behind it, every adversity provides an opportunity for the fuller and greater flowering of manhood, every disappointment sharpens men's resolve to conquer adverse forces.

"The past is where you learned the lesson, the future is where you apply the lesson". A new year is always associated with new beginnings. When a year ends and a new one begins we start jotting down our resolutions and start making plans for the upcoming year. What we often tend to forget is to take lessons from the past. As it is correctly said, "The past is the key to the future." The year 2021 came as quickly as it rolled by. It was like a box of chocolates. We didn't know what was coming up next. We all learned a lot from 2021 as a person and as a nation. The lessons of Resilience, Freedom and Empathy will stick with us for a lifetime. As the sun of the New Year has risen, spreading rays of positivity and alacrity, we should welcome it with new hopes, new

Year has risen, spreading rays of positivity and alacrity, we should welcome it with new hopes, new aspirations, great enthusiasm, and old lessons.

"Change the way you think, and you will enjoy every moment" -- Diya Singh 12th C

# एक नई सुबह

एक नई सुबह का इंतजार है बड़ा कष्टदाई समय चक्र चल रहा अबकी बार चैन का सूरज उगेगा हर किसी के मन का, ये खूबसूरत विचार है एक नई सुबह का इंतज़ार है।

बच्चों का तो जैसे,
गुलशन ही उजड़ गया
वो बचपन की हठखेलिया
रुठना - मनाना, जिद करना-मान जाना
हंसना-खेलना,
भाई - बहन का झगड़ना
मेलें में जाना,
विद्यालय की पिकनिक का जमाना
एक सपना सा बन कर रह गया।
अबकी बार सब सपने सच होंगे
हमारा - आपका संयुक्त वैक्सीन लेना
एक नई सुबह का इंतजार है।

कुछ देर ही सही, पर पाठशाला तो जाना है
कितना भी खतरनाख, क्यूं ना हो,कोरोना
हम ना रूकेंगे, हम ना डरेंगे
हमें भी तो अपना भविष्य,
उज्जवल बनाना है।
लगवा लेंगे वैक्सीन, पहन लेंगे मास्क
ना करेंगे कोई कोताही,
ना होने देंगे तबाही
पढ़ाई भी खूब, जमकर करेंगे
पापा मम्मी को भी अब, तंग नहीं करेंगे
मान लेंगे अपने शिक्षकों की बात
अबकी बार कोरोना को, दे ही देंगे मात
नये साल का भी, इसी जोश और उल्लाश से सत्कार है
एक नई सुबह का इंतजार है,

योगेश कुमार (शारीरिक शिक्षक)

# Colours of Life

Coming wrapped in red,
Making memories of yellow,
Take a step, it's all pink ahead...
It is a new start so don't look back,
Rather, pass me a paint blush,
I want to fill in some lilac...

Sometimes pale, sometimes it's bright,
One day it is all blue,
Other days, it becomes white...
They will give you pain,
They will give you torment,
But the rainbow appears only after the rain...

None of them is perfect or complete,
But when they come together,
The masterpiece is elite...
Let's greet them with no inner strifes,
And there they are on your palette,
They, the colours of life...

- Punyavee Mohan XII A3

# MENTAL HEALTH

"Mental health is not a destination, but a process. It's about how you drive, not where you're going."



The Ministry of Education, Government of India has undertaken 'Manodarpan' an initiative with an aim to provide psychosocial support to students and teachers for their mental health and emotional well being.

In this context, the Primary Wing of St. Teresa School had conducted Story telling sessions, wherein various stories related to mental health were narrated and enacted by teachers. Stories titled "Everyone is unique, Believe in yourself, why be scared, control your anger etc" were used to motivate students and deal with everyday stressors in a healthy and positive manner.

Also, the Middle Wing of our school had conducted a Poster Making Competition on the topic "Mental health - end the stigma", where the children made beautiful and thought provoking posters.



(Counsellor)



# <u>राष्ट्र निर्माण में विद्यार्थियों का योगदान</u>

विद्यार्थी का अर्थ है, विद्या का इच्छुक या विद्या प्राप्त करने वाला। विद्यार्थियों का धर्म सिर्फ विद्या ग्रहण करना नहीं, बल्कि उस विद्या को समाज और राष्ट्र के निर्माण के लिए उपयोग करना भी है। विद्यार्थी का जीवन एक पुनीत सभ्यता और संस्कार का होता है। वह इस अवधि में अपने अंदर उच्च दिव्य संस्कारों की ज्योति जलाता है। ये संस्कार ही उसे धर्म, समाज और राष्ट्र के प्रति कर्तव्यबद्ध होने की प्रेरणा दिया करते हैं। इन से प्रेरित होकर ही विद्यार्थी अपने प्राणों का समर्पण और उत्सर्ग किया करता है। इस प्रकार से दिव्य संस्कार का विकास प्राप्त करके विद्यार्थी समाज और राष्ट्र के प्रति अपना कोई ना कोई योगदान करता ही रहता है।

राष्ट्र के प्रति विद्यार्थियों का योगदान बहुत बड़ा और विस्तृत भी है। वे अपने योगदान के द्वारा राष्ट्र को उन्नत और समृद्ध कर बना सकते हैं। राष्ट्र के प्रति विद्यार्थी तभी योगदान कर सकते हैं, जब वह अपनी निष्ठा और सत्याचरण को श्रेष्ठ और महान बना कर इस कार्य क्षेत्र में उतरता है। राष्ट्र के प्रति विद्यार्थियों का कर्म क्षेत्र बहुत ही अद्भुत और अनुपम है, क्योंकि वह शिक्षा ग्रहण करते हुए भी समाज और राष्ट्र के हित के प्रति अपना अधिक योगदान दे सकता है। यह सोचते हुए एक विचित्र आभास होता है कि शिक्षा और राजनीति दोनों पहलुओं को लेकर विद्यार्थी कैसे आगे बढ़ते हैं? विद्या और राजनीति का संबंध परस्पर भिन्न और विपरीत है। अतएव विद्यार्थी के लिए अपने समाज और राष्ट्र के प्रति योगदान देना और उसका निर्वाह करना अत्यंत विकट और दुष्कर कार्य है। परंतु अगर कोई विद्यार्थी अपनी योग्यता का परिचय देता है, तो निश्चय ही वह महान राष्ट-धर्मी हो सकता है।



धन्यवाद अयती श्रीवास्तव IX B1

# **NEW INNINGS**



Here starts the new year's inning
Time to celebrate last year's winning.
A new year and a new day,
Deciding our path to pave the way.

Everyone busy in making new year's resolutions,

Did anyone look for poor's solutions?
Happiness is not always in taking or getting
You feel it the most at the time of giving.

There, at the corner stands an old man shivering in cold,

Giving a blanket and getting a smile in return, makes you feel bold.

Making someone's bad day pleasant,
Fills your heart with pleasure as present.
Everyone with a common resolution
Adding good deeds in every solution.

Start the new year with a new beginning, With more motivation to play the new inning.

> Pushpita Banerjee XB6

## YOUNG ENTREPRENEURS



We're all faced with doubt in our professional lives at one time or another. But we should always remember that a positive mindset in business can be the difference between success and failure. Take a look at how you can remain positive no matter what challenges you encounter. We all face periods of self doubts in the journey. You must always remain positive no matter what challenges you encounter.

# उम्मीदें जरूरी है

यह बात नहीं है बहुत पुरानी, जब कारगिल पर लहराया था झंडा हिन्दुस्तानी।

क्या यह सब संभव हो पाता उन वीरों के बलिदान के बिना? जिन्होंने देश के गौरव की रक्षा के लिए, न्योछावर कर दिया तन अपना।

उनमें साहस और जोश तो था ही साथ ही एक आंतरिक भाव भी जरूरी था, ऐसे घोर अंधेरे को मिटाने के लिए, उम्मीद के उस दीपक को जलाना जरूरी था।

उम्मीद वह भाव है, जो भरोसा करने पर आता है। जिससे उम्मीद की जाती है, उसे कार्य करने के लिए प्रोत्साहन भी मिल जाता है।

जिंदगी के राह पर काँटें तो बहुत आते हैं, पर कुछ ही लोग, उन राहों पर अपनी छाप छोड़ पाते हैं।

ऐसा क्या है इनमें, जो इन्हें दूसरों से अलग बनाता है? लगन और परिश्रम के अलावा, 'खुद पर भरोसा रखना' ही इन्हें अद्वितीय बनाता है।

'खुद पर भरोसा रखना' भी, उम्मीद का ही एक रूप माना जाता है, यही तो आसान शब्दों में, 'आत्मविश्वास' कहलाता है।

उम्मीद के है कई रूप, करता यह कम लोगों के बीच की दूरी है, सफलता प्राप्त करने के लिए, उम्मीद बहुत जरूरी है।

शुभ श्रीवास्तव X B3

# **MOTHER NATURE**

"For just a moment " mother nature says.

Be grateful to me,
for I have loved this foreground,
long before the age of almighty.

I have seen creatures evolve.
I have seen them produce their smaller species.
I have seen their equity, their royalty,
their extremity, their ferocity.
Seen them develop, develop till infinity.
Destroying a billion hectare part of me, for building what they call a city.

"Aren't humans weird?" Asks mother nature.
They write 'Save Trees' on paper made by cutting another tree.
Equal rights as they shout,
by burning, by killing just to tell they want to be free.
Maybe the almighty has made equal rights for them only.
If it's true, being an atheist shouldn't be a problem to me.

They think they are progressing.
But I can witness the actual reality.
They call themselves the most important resource.
Oh! Hoomans have got good hilarity.
"Justice will prevail" I have been listening to this
for an eternity.
I am waiting for humans to be considered guilty.

"For just a moment" mother nature says.
Think about what you did and what you are doing.
Tam just giving an early warning.

Because one day I'll be able to fly free

Ridhima Kathait XI A2

# DEAR NEW YEAR

O' dear! it's New Year
I have a new dress to wear
Which will give me a fresh look
My appearance would definitely hook
But sometimes I think
That somewhere link
Is that look,
Is enough to hook!

How about my plans ahead
Will the new year, can make them clear.
Or le' me take resolutions by myself
to do all without any help,
Yes, I surely can
or they make me insane.

or they make me insane.
I will give and take gift
O' God! give me some lift

Do good to others ,work for them But how it'll be, the only problem If I do it, I say , God will surely show the way .

I want to make best,
out of two thousand twenty two,
Party, fun, traveling east or west,
No one please stop me ....he or you.
O' dear it's New Year!
O' dear it's New Year!

By Shrishti Kashyap XI C

# जीवन का सूर्योदय

सूर्योदय हुआ, एक पंक्षी मेरी बालकनी में बैठी शानदार से पंख, आत्मनिर्भर हो ऐसी निडर हो आकाश में पंख फैलाए , मानो सफलता को चूमते जाए |

आँखों में भरी उम्मीद सी लेकर , मेहनत करने का भाव देकर , बिजली को भी पार कर जाए , मानो सफलता को चुनती जाए |

शांत सा स्वभाव का खुद का बना कर सारी प्रकृति का चक्कर लगाकर , पूरी संस्कृति को देख कर आए मानव सफलता को चुनते जाए |

देश को दोस्ती की राह दिखाए , ऑसू पीकर कोशिश करना सिखाए | चंद्र ग्रहण को दूर भगाए , अंधकार को हटाकर खुशी की किरणें पहुँचाए ऐसे मानो सफलता को चुमते जाए।।

> सोफिया अहमद कक्षा- 10 B5

# **ACTIVITIES GALORE**





**PARIDHI 11C** 

#### **DID YOU KNOW?**



There's a planet made of diamonds twice the size of earth The "super earth 55 Cancri e.



Caterpillars have 12 eyes.



Human nose can smell about 3 trillion different scents.



Around one in every 200 men are descendants of Genghis Khan

#### **Quiz Time**

- Andhra Pradesh government has increased the retirement age of government staff to how
- Who has become the first Black woman to feature on a US quarter? Which country has the world's most powerful
- ch city has launched a Covid-Free Village

op" 5' 65 jeuns, 3' Major Angeleus, 4. Jupa

Looking for Humour? Here you go\_



- 1. What can you catch, but not throw? 2. What kind of band never plays
- 3. What do Alexander the Great and Winnie the Pooh have in common?
- 4. What is the end of everything?

# **PAINTER'S GALLERY**



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